

March 2020

COVID-19 and oil prices have caused dramatic and unprecedented market volatility.

***At DMBA, we urge you to stay focused on your long-term financial goals.*** It is natural to feel that you need to do *something* to slow or avoid losses. Yet making sure you are properly diversified and then waiting for a market recovery is generally the most prudent course of action. The reason for this is that market downturns are a natural occurrence in investing and are historically followed by eventual market recovery. There is no way to tell when recovery will happen so it is wise to be properly invested to participate in the recovery.

If you would like to discuss your 401(k) account, we encourage you to speak with a DMBA Financial Planner who can help you evaluate your situation at 801-578-5627.