

Re: Coverage of Certain Contraceptive Products – Student Health Plans

Beginning February 1, 2023, certain contraceptive products used to prevent or delay pregnancy (i.e., family planning) will no longer be excluded from coverage by BYU/Ensign College, BYU-Hawaii, and BYU-Idaho student health plans.

Covered Contraceptive Products

Oral contraceptives, contraceptive patches, and vaginal rings listed on the prescription drug formulary will be covered at the applicable benefit level without preauthorization. Similarly, intrauterine devices and injectable contraceptives (e.g., Depo-Provera) will be covered without preauthorization in accordance with the applicable plan's medical benefit.

Non-covered Contraceptive Products or Methods

In addition to non-formulary contraceptives, certain other contraceptive products will remain not covered, including implantable rods, diaphragms, contraceptive sponges, cervical caps, condoms, spermicides, and emergency contraception (levonorgestrel and ulipristal acetate). Surgical sterilization is excluded under all Student Health Plan coverage.

Please contact Navitus at 833-354-2226 or visit www.navitus.com to determine the formulary status of a specific contraceptive product, or call DMBA at 801-578-5600 or 800-777-3622 for products or services covered by the medical benefit. Office visits and/or other in-office services provided outside of the Student Health Centers continue to require preauthorization.